

《午餐餐單 Lunch Menu》【Feb 2020】

日期 DATE	3-Feb-20	4-Feb-20	5-Feb-20	6-Feb-20	7-Feb-20
	MONDAY (星期一)	MONDAY (星期二)	MONDAY (星期三)	MONDAY (星期四)	MONDAY (星期五)
是日餐湯 Daily Soup	合掌瓜栗子煲西施骨 Chayote & Chesnut with Pork Ribs Soup	南瓜甘筍煲豬骨湯 Pumpkin & Corn w/Pork Ribs	白菌忌廉湯 Cream of Mushroom Soup	青紅蘿蔔煲豬骨湯 Red and Green Turnip with Pork Ribs Soup	冬瓜眉豆煲豬骨湯 Winter Melon with Black Eyes Bean and Pork Ribs Soup
\$6.00					
快餐【N】 Main Dish【N】	燕麥金瓜蒸蛋飯 Rice with Steamed Egg, Oats Meal & Pumpkin	冬菇節瓜粉絲 Rice with Braised Mushroom with Hairy Gourd and Vermicelli	欖菜豆角炒飯 Fried Rice with Preserved Olive Vegetable & Beans	金菇銀芽炒土豆絲 Stir-fried Golden Mushroom with Potato Floss	宮保腰果素丁 Sautéed Diced Vegetables with Cashew Nuts in Spicy Paste
快餐【A】 Main Dish【A】	蕃茄薯仔牛肉飯 Rice with Slice Beef & Potatoes in Tomato Sauce	白菌洋蔥汁魚柳飯 Rice with Fish Fillet & White Mushrooms in Onion sauce	咖喱薯仔雞球飯 Chicken Balls with Potato in Curry Sauce	菠蘿咕嚕肉 Sweet and Sour Pork	椰汁葡國雞 Chicken in Portuguese Sauce
快餐【B】 Main Dish【B】	卡邦尼雞球飯 Rice with Chicken in Carboni sauce	南瓜汁燴牛柳絲飯 Rice with Beef in Pumpkin Sauce	柱候蘿蔔肉片飯 Slice Pork with Turnip in Zhuhou Sauce	粟米雞絲飯 Rice w/ Shredded Chicken & Sweet Corn	麻婆肉碎豆腐飯 Rice with Minced Pork & Tofu in Ma Po Sauce
\$25.00	配 with : 白飯 Rice				
午餐【日式便當】 Main Dish【Japanese】	照燒豚肉 Pork Jowl in Gravy Sauce	芝麻豬軟骨 Pig cartilage with Sesame	京蔥照燒豬柳 Pig willow with Jing Onion Sauce	日式金菇肥牛飯 Rice with Fat Cattle & Mushroom with Japanese Style in soup	芝麻雞中翼 Fried Chicken Wings
\$33.00					
午餐【日式湯麵】 Main Dish【Japanese】	吉列豬扒 Gillette Pork chop	海苔豚肉 Seaweed Sliced Pork	吉野牛肉烏冬 U-don with Sliced Beef in soup	照燒雞扒湯烏冬 Roasted Chicken in Japanese Style	薑汁肥牛湯麵 Fat Cattle With Ginger Juice
\$33.00					
西式扒餐 Western Grilled	葡汁香煎魚柳餐肉 Pan-Fried Fish in portuguese sauce	墨西哥香煎豬扒 Pan-Fried Pork chop in Mexican style	蒜茸汁香煎雞扒 Pan-fried chicken in Garlic Sauce	白菌汁豬扒腸仔 Pork Chop & Sausage in Mushroom Sauce	夏威夷菠蘿雞扒 Chicken steak with pineapple in Hawaiian style
\$31.00					
西式焗類 Western Baked	馬利雞肉飯 Baked Rice with Marley Chicken	焗葡國雞意粉 Baked Spaghetti with Portuguse Chicken	焗咖喱牛柳絲飯 Baked Rice with Shredded Beef In Curry Sauce	焗鮮茄牛肉飯 Baked Rice with Slice Beef in Tomato Sauce	焗白汁火腿雞絲意粉 Baked Spaghetti with Chicken & Ham in White Sauce
\$30.00					
中式蒸飯 Steamed Rice	蝦醬蒸肉片飯 Steamed Slice Pork with Shrimp Sauce	豉汁豆卜蒸排骨 Steamed Pork Spare Ribs with Bean Puff in Black Bean Sauce	榨菜蒸牛肉 Steamed Sliced Beef with Preserved Vegetables	雲耳香菇肉絲蒸飯 Steamed Minced Pork Cloud Ear Fungus & Mushroom	冬菜蒸肉餅飯 Minced Pork & Chinese cabbage
\$26.00					
本月推介 Special Promotion					